

NONPROFITS

South Peninsula Behavioral Health Services

Psychoeducational and process groups facilitated by mental health professionals for adults, teens, and children. A brief intake process is all that's required to get started, costs can be billed to insurance or self-paid on a sliding scale.

SUPPORT GROUPS

Anger Management & Addiction

Learning to manage issues of anger around addiction.

Depression & Anxiety

Developing Skills to manage symptoms.

After-hours/Weekend Mental Health Clinician
(907) 235-7700 | (907) 235-0247

South Peninsula Haven House

Emergency shelter, crisis intervention & resources including legal advocacy for those affected by domestic violence/sexual assault & their children.
3776 Lake St #100, Homer

More info at havenhousealaska.org
(907) 235-7712

24-hour Help Line: (907) 235-8943

Hospice of Homer

For anyone suffering loss or experiencing bereavement. One-on-one & correspondence support is also available.

SUPPORT GROUPS

General Grief & Loss Group

If you have lost someone, this group is for you.
Thursdays, 3:00pm - 4:00pm

Widows/Widower Support Group

If you have lost someone, this group is for you.
Tuesdays, 1:30pm

Hospice of Homer, E Pioneer Ave #3
(907) 235-6899

SUPPORT GROUPS

Sex and Love Addicts Anonymous

For anyone seeking help with an addictive compulsion to engage in or avoid sex, love, or emotional attachment.

Visit slaafws.org for more SLAA information, resources & online, in-person & phone meetings.
• safehavenhomer@gmail.com

Overeaters Anonymous

Mondays at 6pm

A community of people who are recovering from unhealthy relationships with food through shared experience, strength, and hope.

126 W. Pioneer Ave. Suite 1, Homer

Alaska Eating Disorders Alliance

Helping Alaskans address and overcome eating disorders.

AKEDA Support Groups are online, **free & confidential**—registration and more info here:
akeatingdisordersalliance.org/support-groups

National Eating Disorder Association
Toll-free Confidential Helpline:

1-800-931-2237

NAMI Alaska

Offering free online peer-led support groups for adults experiencing mental illness.

namialaska.org

Parkinson's Support Group

For people with Parkinson's and their caregivers.

adpapakinson.org
(907) 399-1413

Caregiver Support Group

2nd & 4th Thursdays, monthly, 2:30pm-3:30pm

Guest speakers, training, & support for those involved in the care of loved ones.

Homer Senior Citizens Center (back entrance)
3925 Svedlund St., Homer

(907) 299-7198

HOMER AREA Support Groups & Resources GUIDE



Dial 988

for Suicide & Crisis Lifeline

24/7, free & confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

CALL 911 IN AN EMERGENCY

This pamphlet is created and distributed by the South Peninsula Hospital Health & Wellness Department.

To request printed copies, add or change info contact:
wellness@sphosp.org

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RECOVERY SUPPORT

All Things Recovery Coalition

Working together to address addiction issues and support recovery.

More info at allthingsrecovery.org
907 333-3333

Kachemak Bay Recovery Connection

Creating Hope through Connection and Community.

More info at kbayrecovery.org
(907) 756-3530

MEDICATION ASSISTED

TREATMENT SERVICES (MAT)

MAT is available for adults experiencing substance use disorders (including alcohol).

Homer Medical Center MAT Program

4136 Bartlett Street, Homer

Call/text (confidential): **(907)299-1264**

NTC Recovery Outreach

Offices in Homer and Ninilchik

SMART Recovery Meeting

Thursdays, 1pm-2pm

SMART stands for Self-Management & Recovery Training

Ninilchik Traditional Council Community Clinic
4047 Bartlett Street, Homer

(907) 740-3330

The Exchange (Megan's Place)

1st & 3rd Tuesdays monthly, 5pm - 7pm

FREE & CONFIDENTIAL. Clean needles, used needle disposal, free naloxone (overdose) kits & training, and free rapid on-site HIV/AIDS & Hep-C testing.

Email: homerexchange@gmail.com
4014 Lake Street #210, Homer
(907) 841-7204

12-STEP PROGRAMS

ALCOHOLICS ANONYMOUS:

Kenai Peninsula AA: (907) 283-5722 -
Local meeting schedules & info aahomer.org

Anchor Point Alcoholics Anonymous

Mon, Wed, & Fri, 7pm-8pm

Anchor Point Chamber of Commerce Visitors
Center, 34175 Sterling Hwy., Anchor Point
(907) 299-3317

Homer End of the Road Group

Meeting in person daily, noon-1pm & 8-9pm
126 W. Pioneer Ave. Suite 1, Homer
(907) 235-6822

Homer Unity Group

Tues, Thurs, & Fri, 6:30pm-7:30pm

On Zoom (info at aahomer.org)
In person at Homer United Methodist Church
770 E. End Rd., Homer (Downstairs)
(907) 299-6226

Living in the Solution Women's AA

Wednesdays, 6:30pm-7:30pm

Homer United Methodist Church
770 E End Rd., Homer (Downstairs)
(907) 299-4073

Ninilchik Group of AA

Tues. & Thurs., 7pm-8pm

St. Peter the Fisherman Methodist Church
15811 Sterling Hwy., Ninilchik
(907) 953-0273

Seldovia Group of AA

(907) 399-8223

NARCOTICS ANONYMOUS:

Statewide Helpline: **(866) 258-6329**
statewide meeting schedule akna.org

Step Into Freedom Group of NA

Thursdays, 7pm-8pm Sundays at 6:30pm
Glacierview Baptist Church (outbuilding)
960 E. End Rd., Homer
(907) 756-3530

TREATMENT FACILITIES

Cook Inlet Counseling (CICADA)

More info at cookinletcounseling.org

Outpatient treatment services including referrals for residential treatment, and substance use disorder counseling for adults and adolescents.

1230 Ocean Drive, Homer

Office Phone: (907) 235-8001

Set Free Alaska, Inc - Homer

More info at setfreealaska.org

Outpatient substance use disorder treatment services for men & women, and a men's only residential treatment facility located in Homer.

1130 Ocean Drive, Suite A Office

(907) 235-4732

Men's Residential Treatment Program

(907) 235-4733

FAMILY ADDICTION SUPPORT

Parent-to-Parent Support Group

For those affected by their child's or grandchild's addiction.

(907) 299-3606 or (907) 299-0608

Nar-Anon Family Groups

Worldwide fellowship & 12-step program for those affected by someone else's addiction

nar-anon.org

Co-Dependents Anonymous

Sundays at 4pm

More info and online meetings: coda.org

An anonymous fellowship whose common purpose is to develop healthy relationships.

126 W. Pioneer Ave. Suite 1, Homer

(907) 235-7423