

## Nonprofit Organizations with Support Groups or other services & resources

### South Peninsula Behavioral Health Services Groups

Supportive process groups for adult (18+) SPBHS clients, facilitated by mental health professionals. A brief intake process is all that's required to get started; costs can be billed to insurance or self-paid on a sliding scale.

Office: (907) 235-7701

After-hours/Weekend Mental Health Clinician: (907) 235-0247 (call 911 in an emergency)

More info at [spbhs.org](http://spbhs.org)

#### Anger Management & Addiction

Learning to manage issues of anger around addiction.

#### Depression & Anxiety

Developing the skills to manage your symptoms.

#### LGBTQ Support Group

Support & discussion in a safe environment.

### South Peninsula Haven House

3776 Lake St #100, Homer

Office: (907) 235-7712

24-hour Confidential Help Line: (907) 235-8943

Emergency shelter, crisis intervention & resources including legal advocacy for those affected by domestic violence/sexual assault & their children.

More info at [havenhousealaska.org](http://havenhousealaska.org)

### Homer R.E.C. Room

3957 Nielsen Circle, Homer

(907) 235-3436

[recroom@kbfp.org](mailto:recroom@kbfp.org)

Youth resource & enrichment co-op offering a variety of events & support for ages 12-18. Adult staff always present during events & hangouts.

More info at [homerrecroom.org](http://homerrecroom.org)

[f homerrecroom](https://www.facebook.com/homerrecroom) [ig recroomhomer](https://www.instagram.com/recroomhomer)

## Opioid-Related Resources

### The Exchange (Megan's Place)

**FREE & CONFIDENTIAL.** Clean needles, used needle disposal, free naloxone (overdose) kits & training, and free rapid on-site HIV/AIDS & Hep-C testing.

Phone: (907) 841-7204

Email: [homerexchange@gmail.com](mailto:homerexchange@gmail.com)

1st & 3rd Tuesdays monthly, 5:00pm - 7:00pm  
SPH Training Center, 203 W. Pioneer Ave, Homer

## Narcotics Anonymous Meetings

### Step Into Freedom NA Meeting

Thursdays, 7:00pm-8:00pm

Glacierview Baptist Church (outbuilding)  
960 E. End Rd., Homer

Contact: (907) 756-3530

## For Families & Friends

### Nar-Anon Family Groups

Worldwide fellowship & 12-step program for those affected by someone else's addiction.

[www.nar-anon.org](http://www.nar-anon.org)

### Parent-to-Parent Support Group

For those affected by their child's or grandchild's addiction. **Contact Pamela:** (907) 299-3606  
**or Jane:** (907) 299-0608

## Medication Assisted Treatment Services

MAT is available for adults experiencing **substance use disorders (including alcohol).**

### Homer Medical Center MAT Program

Call or text (confidential): (907) 299-1264  
4136 Bartlett Street, Homer

### NTC Recovery Outreach

Contact Annette (confidential): (907) 740-3330  
Offices in Homer and Ninilchik

## All Things Recovery Coalition

Working together to address addiction issues and support recovery. **Anyone can participate!**

Email [skpallthingsrecovery@gmail.com](mailto:skpallthingsrecovery@gmail.com)

or call (907) 756-3530 to get involved.

More info at [allthingsrecovery.org](http://allthingsrecovery.org)

# Homer Area Support Group & Resources Guide



**Careline Alaska: 877-266-HELP (4357)**

Alaska's suicide prevention & "someone to talk to"  
24-hour confidential free helpline.

More info: [carelinealaska.com](http://carelinealaska.com)

**CALL 911 IN AN EMERGENCY**

This pamphlet is created and distributed by the South Peninsula Hospital Health & Wellness Department.  
To request printed copies, add or change info contact: [wellness@sphosp.org](mailto:wellness@sphosp.org). Updated: 1/3/2023

## 12-Step Groups

### Alcoholics Anonymous:

Kenai Peninsula AA Info: (907) 283-5722

[aahomer.org](http://aahomer.org) - local meeting schedules & info

#### Anchor Point Alcoholics Anonymous

Contact: (907) 299-3317

**Mon, Wed, & Fri, 7:00pm-8:00pm**

Anchor Point Chamber of Commerce Visitors Center  
34175 Sterling Hwy., Anchor Point

#### Homer End of the Road Group

Contact: (907) 235-6822

**Meeting in person daily, noon-1pm and 8-9pm**

126 W. Pioneer Ave. Suite 1, Homer

#### Homer Unity Group

Contact: (907) 299-6226

**Tues, Thurs, & Fri, 6:30pm-7:30pm**

On Zoom (info at [aahomer.org](http://aahomer.org))

and in person at Homer United Methodist Church  
770 E. End Rd., Homer (Downstairs)

#### Living in the Solution Women's AA Meeting

Contact: (907) 299-4073

**Wednesdays, 6:30pm-7:30pm**

Homer United Methodist Church  
770 E End Rd., Homer (Downstairs)

#### Ninilchik Group of AA

Contact: (907) 953-0273

**Tues. & Thurs., 7:00pm-8:00pm**

St. Peter the Fisherman Methodist Church  
15811 Sterling Hwy., Ninilchik

#### Seldovia Group of AA

Contact for info: (907) 399-8223

### Narcotics Anonymous:

Statewide Info/Helpline: (866) 258-6329

[akna.org](http://akna.org) - statewide meeting schedule

#### Step Into Freedom Group of NA (Homer)

Contact: (907) 756-3530

**Thursdays, 7:00pm-8:00pm**

Glacierview Baptist Church (outbuilding)  
960 E. End Rd., Homer

#### Co-Dependents Anonymous

An anonymous fellowship whose common purpose is to develop healthy relationships.

Contact for info: (907) 756-3104

**Sun, 6:30pm-7:30pm & Wed, 1:30pm-2:30pm**

126 W. Pioneer Ave. Suite 1, Homer

#### Overeaters Anonymous

A community of people who are recovering from unhealthy relationships with food through shared experience, strength, and hope.

State & online meeting info: [oa-alaska.org](http://oa-alaska.org).

Contact for local meeting info: (907) 235-5253

#### Sex and Love Addicts Anonymous

For anyone seeking help with an addictive compulsion to engage in or avoid sex, love, or emotional attachment.

Contact by phone: (907) 843-1290

or email: [safehavenhomer@gmail.com](mailto:safehavenhomer@gmail.com)

**Thursdays, 7:00pm-8:00pm**

Visit [slaafws.org](http://slaafws.org) for more SLAA information, resources & online, in-person & phone meetings.

## Non 12-Step Support Groups

### Alaska Eating Disorders Alliance

Helping Alaskans address and overcome eating disorders. AKEDA Support Groups are online, free & confidential—registration and more info here:

[akeatingdisordersalliance.org/support-groups](http://akeatingdisordersalliance.org/support-groups)

National Eating Disorder Association toll-free, confidential helpline:  
**1-800-931-2237**

### Caregiver Support Group

Guest speakers, training, & support for those involved in the care of loved ones.

Contact: (907) 299-7198

**2nd & 4th Thursdays, monthly, 2:30pm-3:30pm**

Homer Senior Citizens Center (back entrance)  
3925 Svedlund St., Homer

### Hospice of Homer Grief Support

For anyone suffering loss or experiencing bereavement. **One-on-one & correspondence support is also available.**

Hospice of Homer, E Pioneer Ave #3

Contact: (907) 235-6899

### Grief Support Group

If you have lost someone, this group is for you.

First & third Saturdays, monthly, **1:00pm-2:00pm**

### Widows/Widowers Support Group

For those who have lost their spouse or life partner.

Every Tuesday, **1:30pm-2:30pm**

### Pet Loss Support Group

Last Tuesday of the month, **1:00pm**

### NAMI Alaska

Alaska Chapter of the National Alliance on Mental Illness. **Offering free online peer-led support groups for adults**—registration and more info here:

[namialaska.org/support-and-education/support-groups/](http://namialaska.org/support-and-education/support-groups/)

### Parent-to-Parent Support Group

For people affected by their child's or grandchild's addiction. **Contact Pamela:** (907) 299-3606

**or Jane:** (907) 299-0608

### Parkinson's Support Group

For people diagnosed with Parkinson's and their caregivers. **Contact for info:** (907) 299-1413

Visit [adpapakinson.org](http://adpapakinson.org) for more info & resources.

## Substance Use Disorder Treatment Facilities & Services

(Medication Assisted Treatment & additional substance use-related resources located on back panel)

### Set Free Alaska, Inc. - Homer

1130 Ocean Drive, Suite A Office: (907) 235-4732  
Men's Residential Treatment Program: (907) 235-4733

Outpatient substance use disorder treatment services for men & women, and a men's only residential treatment facility located in Homer.

More info at [setfreealaska.org](http://setfreealaska.org)

### Cook Inlet Counseling (CICADA)

1230 Ocean Drive, Homer  
Office Phone: (907) 235-8001

Outpatient treatment services including referrals for residential treatment, and substance use disorder counseling for adults and adolescents.

More info at [cookinletcounseling.org](http://cookinletcounseling.org)