



# Southern Kenai Peninsula Opioid Task Force

## Opioid Task Force Monthly Meeting

Wednesday, November 25th, 11:00am-  
12:30pm

Join Zoom Meeting

<https://us02web.zoom.us/j/120396610>

Meeting ID: 120 396 610

One tap mobile 1-346-248-7799

*Our vision: A community free of opioid and substance misuse*

*Our mission: Fostering a connected community by empowering and engaging all individuals to create local solutions for opioid and substance misuse*

## Attendees

Stephanie Stillwell, BSN, RN, Sierra Moskios REC Room, Alecia Gottlob CICADA, Kelly Marre Kenaitze Indian Tribe, Nate Brisbois Arctic Recovery/Chris Kyle Patriots Hospital, Donna Aderhold Homer City Council, Colleen Ackerman SVT Health & Wellness, Kathleen Totemoff NTC, Sarah Spencer NTC, Annette Hubbard NTC, Paul Seaton

## Agenda

1. **Introductions**
2. **Short Video & Discussion:** *How trauma impacts the brain: reducing stigma around addiction and substance use* <https://www.youtube.com/watch?v=LNVShudqsTI>
  - What are some things that we can do to help destigmatize addiction and recovery?
    - Use non stigmatizing language
    - Work to spread stories of recovery
    - Use social media to educate people
    - Connect with the state to see if there are any specific statewide initiatives happening around stigma
3. **Updates from the group**
  - REC Room Alateen group in info gathering stage, looking at input from those who may have experience in Alanon
  - North Star BH is working with ASPC to put out "A Season of Hope & Lights" initiative. A family & community MH/BH resource. should come out in the next few weeks. I'll get info to Stephanie as it develops
  - Donna can be available to help with any type of city support
  - Ninilchik has funding available to connect frontline workers to BH services, this includes folks who work in the medical or behavioral health field not only for hospital workers
  - The Exchange needs help distributing sharps disposal containers to local businesses, to help with this process contact Sarah Spencer at [sarahspencerak@gmail.com](mailto:sarahspencerak@gmail.com)

#### 4. Work Group Updates:

##### a. Prevention Work Group

- i. Continues to work on the partial fill for opioids at the pharmacy level. Surveys have been sent out to some pharmacies that agreed to participate, however no responses have been collected yet. COVID related staffing issues have been expressed as an obstacle for pharmacy participation at this time. Working on communication with the Alaska Medicaid Pharmacy Services for public PSAs regarding partial fill.
- ii. Has started to work on the Alternative Pain Management Pathway. This will be a 3-part project, with handouts directed at Providers (with evidence of why these alternatives can treat physical pain) and for patients to understand this connection as well. Additionally, there will be an addition to the website that will include local resources for these alternative services.

##### b. Treatment Work Group

- i. Detox Conversation (Next conversation, 12/9)
- ii. Updating Treatment Resources
  1. Continues to assess the updated treatment resources on the Southern Kenai Peninsula. Discussed the importance of keeping the monthly meeting primarily focused on this aspect especially during COVID. The group stated that this group has been particularly important in navigating treatment during COVID and is looking at highlighting quarantine projects within the state to help streamline access to treatment.

#### 5. Other Updates

- a. **Discussion about the use of the Bridge Device, especially during COVID. Stephanie will reach out to the Fairbanks Opioid Task Force to discuss how they are implementing the use of these devices in their community, to start to assess need for our community to have additional funding for these.**

#### 6. Closing Thoughts: No meeting in December, however there will be work group meetings.

#### Next Meeting Dates:

**Opioid Task Force Meeting Wednesday, January 27th, 11-12:30pm**

#### Work Group Meetings:

**Treatment Work Group: Every 3<sup>rd</sup> Friday 12:00-1:00**

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Join Zoom Meeting <https://us02web.zoom.us/j/842363956>

Meeting ID: 842 363 956 One tap mobile: +1-346-248-7799

**Prevention Work Group: Every 3<sup>rd</sup> Wednesday 12:00-1:00pm**

Join Zoom Meeting <https://us02web.zoom.us/j/110238305>

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