



Southern Kenai Peninsula Opioid Task Force

Opioid Task Force Monthly Meeting

Wednesday, October 28th, 11:00am-12:30pm

Join Zoom Meeting

<https://us02web.zoom.us/j/120396610>

Meeting ID: 120 396 610

One tap mobile 1-346-248-7799

Our vision: A community free of opioid and substance misuse

Our mission: Fostering a connected community by empowering and engaging all individuals to create local solutions for opioid and substance misuse

Attendees

From Fairbanks to the Aleutian Islands to Homer! Thank you all for joining!

Stephanie Stillwell, Facilitator; **Shari Connor**, Central Peninsula Hospital & Change4TheKenai Coalition; **Colleen Ackerman**, SVT Health & Wellness; **Sierra McKeever**, Community Member; **Paul Seaton**, Community Member; **Alecia Gottlob**, CICADA; **Kim Novak**, CICADA; **Jess Limbird**, The Alliance & Recover Alaska; **Katie Cowgill**, Kenai Peninsula Reentry Coalition; **Annette Hubbard**, NTC; **Kathleen Totemhoff**, NTC; **Sarah Spencer**, NTC & The Exchange; **Cindy Wright**, Fairbanks Wellness Coordinator; **Casey Brewer**, NineStar Educational Services; **Bonnie**, Chugachmiut, **Annie Wiard**, Community Member; **Sierra Moskios**, REC Room Coordinator; **Kelly Marre**, Community Member; **Hannah Gustafson**, MAPP & Resilience Coalition; **Susan Burpee**, The Center; **Deratha Ferraro**, SPH; **Nate Brisbois**, North Star Behavioral Health; **Brenda Wilson**, Eastern Aleutian Tribes; **Hannah Gustafson**, MAPP & Resilience Coalition; **Michael Raymond**, Set Free Alaska

Agenda

1. **Introductions & Break Out Session**
2. **Updates from Local Coalitions:**
 - a. **Change4theKenai**, Shari Connor
 - Coalition based out of Kenai/Soldotna, focusing on prevention & substance misuse
 - Current Initiatives:
 - Baby Box Subscription, 3 boxes during 1st 6 months after birth with information on ACES, parenting and resources as well as goodies for the family and baby including gift cards for groceries & local restaurants. Currently partnering with 3 OB/GYN providers to give 35 families subscriptions.
 - Sources of Strength & Youth: [Before I Die](#) project & “After I Graduate”. Partnering with community agencies & local schools for mental health & suicide prevention
 - Art Canvasses distributed to families for family connectedness and can be used as community connection & resilience during this time.
 - Needs: Volunteers to make these happen! Contact Shari @ sconner@cpgh.org
 - Meetings every 3rd Friday of the month at 10am, contact Shari for more info!

b. [SKP Resilience Coalition](#), Hannah Gustafson

- Based in the Southern Kenai Peninsula, a vision that communities on the Southern Kenai Peninsula cultivate healthy relationships and resilient families, free from violence and substance abuse
- Meetings every 2nd Wednesday via Zoom 11:00-12:30, with workgroups meeting weekly
 - Workgroups focused: Aces & Resilience Communication and Trauma Informed Organizations
 - Recently, SKP was targeted with messaging, virtual and via yard signs promoting messages of resilience, hope and connection
 - [History & Hope Training](#), ACES & Alaskan Based Trauma Informed Care, contact Hannah Gustafson for more information on how to participate in this training, skp.resilience@gmail.com
 - Other current initiatives:
 - With additional CARES funding, \$25K distributing out to the community via community agencies (Homer Food Pantry, REC Room...etc.) and through Family Wellness Packages to include education as well as community connectedness

c. [Kenai Peninsula Reentry Coalition](#), Katie Cowgill

- Board Leadership has been a major backbone to getting this coalition really engaged this year.
- Currently seeking a new [Case Manager](#), please share to those who might be interested in this position.
- Current initiatives: Reentrant Backpack Project,
- [Documentary Screening & Panel Discussion: "America's Second Chance Citizens"](#)
THURSDAY, NOVEMBER 5, 2020 AT 6 PM *Click on link for more information*
- Next Coalition Meeting: TOMORROW, Thursday Oct 29 @ 5:45pm
<https://us02web.zoom.us/j/86803133203>

d. [The Alliance](#), Jess Limbird (Click on Partner Orientation Packet)

- The Alliance is a collaborative effort of multiple and diverse partners across Alaska who recognize the impacts of alcohol misuse on individuals and communities. We are personally and professionally committed to working together to address this complex problem in our state.
- With a service area of the entire state of Alaska, The Alliance aims to work collaboratively throughout the state to work toward its mission by partnering with agencies and stakeholders with shared interest.
- If you are interested in supporting The Alliance but can't attend the meetings, please consider being added to the Stakeholder Map as this is a great way to show support
- Partner Portal will become available by November 10th, and will have access to Google Drive with documents as well as connecting into Slack, a unique sharing portal

- Additional CARES Funding has been put into PSAs in multiple communities statewide, Stephanie worked with the team to have appropriate and targeted PSAs for the entire Gulf Coast region including the Kenai Peninsula, Cordova, Valdez and Kodiak. The PSAs will be a combo of Radio, TV, Social Media and print.

3. Work Group Updates:

- a. Prevention Work Group
 - i. Alternative Pain Management Pathway
 - ii. [Non-Opioid Advanced Directive](#)
 - iii. Pharmacy Partial Fill
- b. Treatment Work Group
 - i. Continuum of Care: Detox conversation continuing within this work group. More to come!

4. Other Updates

- a. ALATEEN: Rec Room looking to have AlaTeen or additional peer to peer recovery group. Jess suggested a connection who will be able to help from the AlaTeen/AlaNon perspective, also suggested looking into Project AMP which is not currently in Alaska.
- b. Harm Reduction Conference Recap- A huge success! Over 45 folks attended the first harm reduction conference in Alaska and from this it is apparent that as a state we need to have more intentional conversations about Harm Reduction. More to come, but likely a coalition, shared drives and more. For more questions on Harm Reduction, please contact Annette @ jannettehubbard@yahoo.com
- c. The Exchange is desperately in need of volunteers, please consider volunteering just 2.5 hours of your time once every 2 months. The Exchange potentially is receiving grant funding that would increase its ability to reach more communities, but need more hands to help make this happen. Please email homerexchange@gmail.com
- d. Ninilchik Traditional Council Community Clinic (NTC) Homer office is now at 601 E Pioneer Ave, seeing patients in person and via telehealth. Also looking to engage with first responders and frontline workers to offer support during this time. Contact Sue Fallon for more information.
- e. SVT Health & Wellness: Colleen has noticed an increase in treatment referrals coming her way, good news that people are reaching out!
- f. Paul Seaton: Latest studies on Vitamin D and COVID are very affirming that it is important to make sure our vitamin D levels stay up. A Spanish study showed that on entrance to the Emergency Department, those that were given a dose of Vitamin D had 98% mild symptoms and no ICU admittance, compared to those given a placebo which led to 50% ICU with 8% deaths.

5. Closing Thoughts

**Next Meeting Dates:**

Opioid Task Force Meeting Wednesday, November 25, 11-12:30pm

Work Group Meetings:**Treatment Work Group: Every 2nd Thursday 10am-11:30am**

Join Zoom Meeting <https://us02web.zoom.us/j/842363956>

Meeting ID: 842 363 956 One tap mobile: +1-346-248-7799

Prevention Work Group: Every 3rd Wednesday 11:30am-1:00pm

Join Zoom Meeting <https://us02web.zoom.us/j/110238305>

Meeting ID: 110 238 305 One tap mobile: +1-669-900-9128