



Southern Kenai Peninsula Opioid Task Force

Opioid Task Force Monthly Meeting

Wednesday, September 23rd, 11:00am-
12:30pm

Join Zoom Meeting

<https://us02web.zoom.us/j/120396610>

Meeting ID: 120 396 610

One tap mobile 1-346-248-7799

Our vision: A community free of opioid and substance misuse

Our mission: Fostering a connected community by empowering and engaging all individuals to create local solutions for opioid and substance misuse

Attendees

Stephanie Stillwell, Facilitator; **Dr. Sarah Spencer**, Ninilchik Traditional Council Clinic & The Exchange; **Ginny Espenshade**, Youth Court & The Exchange; **Derotha Ferraro**, South Peninsula Hospital; **Kyla Newland**, Mountain Pacific Quality Health; **Zoe Dixon**, Ninilchik Peer Support Specialist; **Chris Snyder**, Recover Alaska; **Jess Limbard**, Recover Alaska; **Kayla Franklin**, South Central Foundation; **Nate Brisbois**, Northstar Behavioral Health/Chris Kyle Patriots Hospital/Arctic Recovery; **Kim Kavanaugh**, CICADA; **Kim Novak**, CICADA; **Kathleen Totemhoff**, Ninilchik MAT Program Manager; **Colleen Ackerman**, SVT Health & Wellness; **Christine Fontaine**, RN South Peninsula Hospital; **Bonita Banks**, MAT Care Manager Homer Medical; **Lucy Mahan**; **Abby Struffert**, Ladies First & Help Me Grow Alaska; **Ingrid Harrald**, Homer Flex High School; **Delores Van Bourgondien**, Ideal Options; **Shari Connor**, Change 4 The Kenai & Central Peninsula Hospital

Updates from the group:

- Rotary Health Fair: Will not happen as a one day event, rather a virtual event with online offerings. Look up rotary health fair online for additional information and to become an exhibitor. Low cost blood tests are available starting October 12th- sign up online for scheduling. Blood draws will be in adjacent building outside of the hospital.
- Homer Medical now working to implement a new MAT program, welcome Bonita Banks as the new RN Case Manager for the MAT Program. Ideally a soft launch will happen in 2 months.
- Public Health & SPH to partner together to offer a Flu Shot Point of Dispensing (POD) event. More information to come.
- Sunday October 18th is a Blood Drive at the SPH Training Center. Sign up online for more information!
- South Peninsula Hospital now offers telepsych for inpatient services, increased access to needed psychiatric care to patients.
- Ninilchik MAT Program now has a new office in Homer- now located in the Kachemak Building *Where Subway is located* next to Summit Physical Therapy.

- Recover Alaska houses the Alliance, a collaborative effort of multiple diverse partners across Alaska who recognize the impacts of alcohol misuse on individuals and communities. See the Common Agenda for more information!
- Northstar Behavioral Health offers many live and pre-recorded training opportunities. Next training will be on Stress Management.
- Kim Kavanaugh will be the newest counselor at CICADA serving the Homer Location.
- CICADA has a new Executive Director, welcome Charlie Simons!
- Ideal Options serves patients for MAT services via telehealth throughout the state and is available for patients in the Southern Kenai Peninsula as well as Central Peninsula.
- Homer Flex High School is looking for ideas regarding how to work with students for addiction treatment and prevention efforts, including tobacco cessation.
- October is Breast Cancer Awareness Month, Ladies First is looking for community partners to join this effort! Contact Abby Struffert for more info.
- Help Me Grow Alaska now has 2 new family support specialists that can help families navigate getting resources for their children and families.

Agenda

1. Quick Intro to Zoom, Introductions & Check Ins
2. Opioid Task Force Presentation: Celebrating 3 Years! Look at where we were, where we are and where we are headed: SEE POWERPOINT FOR PRESENTATION. A recording of this presentation will be available in the future. *although I did get consent to record, your wonderful facilitator didn't officially push "record", so I will re-record this presentation and get it posted to our website soon! www.allthingsaddiction.net Until then, the slides are available!
3. Alternative Pain Management Poll:

What are some non-pharmacologic methods you have used/or are aware of to help relieve pain?



Needs:

- Engagement in work groups!
- Those interested in data ad hoc work group- please reach out!
- Need a dedicated note taker/secretary for meetings 😊 Please help! Thank you!